

WHEN A CHILD HITS

BITING

KICKING

SPITTING

HITTING

PUSHING

sensory overwhelm,
noise/lights etc

hungry

tired

dehydrated

overstimulated

seeking deep pressure

communication difficulties

connection seeking

stress/trauma

learning difficulties

changes in routine

struggles with transitions

lack of impulse control

feeling unsafe

copying behaviour (games/tv)

demand resistance

after school restraint collapse

WHAT IS GOING ON